



SANDWICHES

Roasted Turkey & Smoked Mozzarella

Oven roasted turkey breast & smoked mozzarella with green leaf lettuce, tomato, & our sundried tomato mayo on Honey Whole Wheat \$6.50

Veggie

Our own hummus with green leaf lettuce, tomato, cucumber, red onion, shredded carrot, alfalfa sprouts & olive tapanade on Three Seed \$6.50

Roast Beef & Swiss

Prime cut roast beef, swiss cheese, green leaf lettuce, tomato, red onion & our horseradish mustard dressing on Three Seed\$6.70

Albacore Tuna

The finest solid white, water-packed tuna, light on the mayonnaise, shredded carrot, celery, poppy seeds & dill on Old Fashioned White\$6.85

Herbed Chicken Salad

All-white chicken breast, a touch of mayonnaise, shredded carrot, celery, fresh basil & fresh garlic on Honey Whole Wheat Raisin \$6.85

Viva Italiano

Smoked ham, genoa salami, provolone, lettuce, tomato, red onion, red pepper, mayo & hot oil on sliced Italian..... \$6.70

Ham & Swiss

Lean smoked ham, swiss cheese, green leaf lettuce, tomato & honey mustard on German Rye\$6.50

Peanut Butter & Preserves

All natural peanut butter with a choice of strawberry, raspberry or apricot preserves on Old Fashioned White \$3.75

Turkey Club

Classic club packed with roasted turkey, crisp bacon, lettuce & tomato on toasted Old Fashioned White\$7.35

B.L.T.

Crisp bacon, lettuce & tomato with mayo on toasted Old Fashioned White..... \$5.45

SOUP & BREAD

Hearty all natural soups with your choice of a fresh slice from our breadboard.
 Cup \$3.75
 Bowl \$4.75

Panini
Grilled on French bread

Turkey
 Roasted turkey, tomato, dill havarti & our sundried tomato mayo..... \$7.50

Roast Beef
 Roast Beef with our boursin, red pepper & red onion..... \$7.50

Pesto Veggie
 Sundried tomato mayo, our own pesto, red pepper, tomato, alfalfa sprouts & provolone on Whole Grain French..... \$7.50

Italian
 Smoked ham, genoa salami, red onion, red pepper, tomato, provolone, mayo & hot oil \$7.50

SALADS

Garden
 Fresh green leaf lettuce tossed with all of our veggies. Available with a scoop of chicken or tuna salad.
 Small \$3.50 or \$5.00 w/ Scoop
 Large \$4.50 or \$6.00w/ Scoop

Greek
 Cucumbers, red pepper, red onion, feta & kalamata olives tossed with fresh greens \$6.30

Mandarin Chicken
 Our garden salad topped with grilled chicken breast & mandarin oranges, drizzled with a cranberry citrus vinaigrette\$7.30

Chicken Caesar
 Crisp romaine lettuce tossed with fresh parmesan & homemade croutons, topped with grilled chicken breast \$7.30

Chef
 Crisp romaine lettuce topped with all our veggies and Turkey. Ham, Swiss and Cheddar cheese.\$7.30

KIDS MENU

Kids Turkey & Provolone \$4.25
 Kids Ham & Swiss \$4.25
 PB&j \$3.75
 Grilled Cheese \$3.75

LUNCH COMBOS

Half sandwich & cup of soup or small salad.....\$7.10
 Cup of soup & small salad \$7.10
 Half panini & cup of soup or small salad \$7.30

Lunch Hours

536 Deering Avenue: 11 to 5 Monday-Friday / 11 to 4 Saturday/ 11 to 3 Sunday

761-5623